**Workshop 4 of 4: Critical Reflection**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Pre-Session Questionnaire**

|  |
| --- |
|  Not at all Somewhat Completely |
| 1. I understand the relevance of critical reflection in daily practice.
 | 1 | 2 | 3 | 4 | 5 |  |
| 1. I have an understanding of different critical reflection techniques.
 | 1 | 2 | 3 | 4 | 5 |  |
| 1. I feel prepared to embark on the critical reflection assignment for this program.
 | 1 | 2 | 3 | 4 | 5 |  |

**Post-Session Questionnaire**

|  |
| --- |
|  Not at all Somewhat Completely |
| 1. I understand the relevance of critical reflection in daily practice.
 | 1 | 2 | 3 | 4 | 5 |  |
| 1. I have an understanding of different critical reflection techniques.
 | 1 | 2 | 3 | 4 | 5 |  |
| 1. I feel prepared to embark on the critical reflection assignment for this program
 | 1 | 2 | 3 | 4 | 5 |  |

**Comments about this session:**